

REV. DR. KALI A. WASHINGTON

EDUCATION

California Institute of Integral Studies – San Francisco, CA

Sex Therapy Certificate (2024)

Sofia University – Palo Alto, CA

Ph.D. in Transpersonal Psychology (2023)

Master of Arts in Transpersonal Psychology (2017)

Creative Expression Certificate (2017)

University of Maryland University College –Adelphi, MD

Master of Business Administration (2004)

Master of Science – Concentration: Accounting (2002)

The George Washington University – Washington, DC

Bachelor of Accountancy (1995)

Minor: Computer Science

PRESENTATIONS/PAPERS

Dissertation: *How Does BDSM Affect the Embodiment of the Superwoman Role for African American Women?*

Sofia University – Palo Alto, CA (September 2023)

Abstract: The superwoman syndrome describes the strength displayed by women while concealing trauma that results in mental, emotional, and physical stressors. Within the African American community, this is depicted by the Strong Black Woman Script (SBW-S); also referred to as the strong Black woman role. The Superwoman Schema (SWS) is a conceptual framework used to assess the characteristics of the SBW-S. The use of specific mind-body interventions has been useful in managing resulting stress. The purpose of this narrative research was to examine and describe the lived experience of four African American women who engaged in Bondage, Discipline, Domination, Submission, Sadism, and Masochism (BDSM) practices and self-identified as exhibiting the characteristics of the SWS. The lens of transpersonal psychology reframed what it means to be a strong Black woman. Specifically, it examined the self beyond the superwoman role (beyond-ego psychology, content); explored the superwoman role and BDSM as an approach to integration (integrative/holistic psychology, context); and illustrated the transformation of self within the engagement of BDSM, and transition within the embodiment of the superwoman role (transformative psychology, catalyst). The study consisted of four African American women, aged 25 and above, actively engaged in BDSM practices for two-plus years, and self-identified as exhibiting the characteristics of the SWS prior to engaging in BDSM activity. The results of this research add empirical evidence for the benefits of BDSM for the conceptual framework of the SWS. The study also contributes to the literature on African American women and their mental, emotional, and physical health.

Poster Presentation: *Dancing in the Unknown - Deepening Spiritual Intimacy*

Reimagining Black Girls' and Women's Health Symposium

Townson State University – Townson, MD (May 2018)

Overview: Illustration of developing spiritual intimacy within and among women through: (1) vulnerability; (2) intuition, trust, and faith; (3) fear; (4) control and the assumptive world; and (5)

infinite intimate self-expressions. The practical application of these factors is navigated by working through the seven major chakras by actively participating in a series of meditations, creative processes, journaling, and other exercises.

Transpersonal Integration Paper: *Intentional Intimacy, How Does Dancing in the Unknown Deepen Intimacy?*

Sofia University – Palo Alto, CA (May 2017)

Abstract: The intention of this paper is to explore the correlation between living in the unknown and intentionally creating a deepened level of intimacy. The paper will provide both a theoretical and an experiential exploration of the individual steps toward deeper intimacy with a practical application of each. The 5 specific processes to be discussed are (a) being vulnerable to living in the unknown and how it prepares the way for creating and deepening intimacy; (b) understanding the containers of intuition, faith, and trust and how they foster the development of intimacy; (c) releasing fears of living in the unknown and of creating intimacy; (d) release of control and the assumptive world—what we believe to be true—of living in the unknown; and (e) living in the unknown and creating an infinite number of intimate experiences that allow us to create and experience varying aspects of ourselves. A professional application and methods for sustainability will also be discussed.

LEADERSHIP

Inner Light Ministries United Church of Christ – Washington, DC

Assistant Pastor	July 2023 - Present
Senior Associate Minister	October 2015 – June 2023

The Kimistry Foundation Girl Get Your Life Conference – Washington, DC

Organizer/Facilitator	April 2015 – Present
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National Spiritual Science Center Board of Directors – Washington, DC

Treasurer/Secretary	February 2023 – April 2024
Secretary	September 2014 – June 2018

Progressive Spiritual Alchemical Love Mystery School (formerly Progressive Love Academy)

Lead Coach	September 2017 – August 2020
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CERTIFICATIONS/TRAININGS

- Sex Doula & Intimacy Coach Training, National Black Doula Association (September 2022)
- Minister of Spiritual Science, National Spiritual Science Center, Washington DC (June 2015)
- Healer Certification, National Spiritual Science Center, Washington DC (June 2014)
- Robbins-Madan's Strategic Intervention Coach & Marriage Education and Divorce Prevention Certification (December 2014)
- SoulCollage® Facilitator Training (September 2013)
- Ascend Spiritual Leadership Academy (January 2008 – August 2008)